

## Suggested References for Certification

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### Suggested Videos and Audiocassettes for Certification Preparation:

- Holistic Nursing (video) Contact: American Holistic Nurses Association (AHNA) 1-800-278-AHNA
- At the Heart of Healing: Experiencing Holistic Nursing (video) Contact: Kineholistic Foundation, PO Box 719, Woodstock, NY, 12398 (800) 255-1914, X 277
- A Conversation on Caring with Jean Watson and Janet Quinn Contact: National League for Nursing Press, 350 Hudson Street, New York, NY, 10014 (800) 669-9656, ext. 138
- Therapeutic Touch: A Home Study Video Course for Family Caregivers (by Janet Quinn Contact: National League for Nursing Press (See address above)
- The Art of Caring: Holistic Healing using Relaxation, Imagery, Music and Touch (by Barbara Dossey, Lynn Keegan, and Cathie Guzzetta) (Four, one hour audiocassettes with booklet and CEU option) Contact: Sounds True, 413 S. Arthur Ave., Louisville, CO 80027 (800) 333-9185